

Are You Up to the Challenge?



Coming Soon: Fit2Be Cancer Free Challenge

Methodist is proud to join the American Cancer Society in its virtual step-tracking fitness event to promote cancer prevention in the workplace.

The Methodist Fit2Be Cancer Free Challenge is **Aug. 7-31**. All staff members are invited to participate in this friendly competition.

Check Employee Connections for contest details and more information on how to participate.



Fit2Be
CANCER **2** FREE



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